LUNEX and Lëtz Menopause Sign Strategic Partnership to Advance Women's Health Through Education

LUNEX is proud to announce a new strategic partnership with Lëtz Menopause a.s.b.l., bringing together expertise in higher education, professional development and women's health to strengthen knowledge and education around women's health and menopause in Luxembourg.

The partnership reflects a shared commitment between LUNEX and Lëtz Menopause to promoting evidence-based education and supporting professionals in developing a better understanding of women's health across the career span. Through the collaboration, both organisations will combine their respective expertise to develop practical learning opportunities and initiatives in this field.

The collaboration was formalised through a **Memorandum of Understanding (MoU)** between LUNEX and Lëtz Menopause a.s.b.l., establishing a long-term strategic partnership in the field of women's health.

The first initiative is the continuing professional development (CPD) **"Hormones & Performance – A Career-Long Approach to Women's Health and Menopause Transition**." Jointly developed by LUNEX and Lëtz Menopause and supported by LALUX, it is designed to translate current scientific evidence on women's hormonal health into practical strategies that can be applied in both professional and everyday contexts.

The 24-hour CPD combines face-to-face teaching, self-paced online learning, interactive activities and live online sessions, offering participants flexibility while maintaining opportunities for direct exchange with experts. The content addresses hormonal health across different stages of the career span, from menstrual health to perimenopause and menopause, and considers areas such as cognition, stress, energy, communication, leadership and workplace functioning.

The first edition is aimed at professional women, healthcare professionals, managers, HR leaders, coaches, occupational health practitioners, educators and other professionals interested in women's health. Participants who successfully complete the CPD will receive a LUNEX certificate.

The initiative is being coordinated by Dr. Jessica Price, Dr. Sara Vernocchi and Dr. Ana Aranda from LUNEX, together with Dr. Susanne Folschette-Tomaszewski, Diane Elsen and Marthe Schmit from Lëtz Menopause.

The first edition will start on **28 January 2027**, applications are now open, and further information is available here: https://lunex.lu/en/study/hormones-performance-certificate.
The partnership will provide a foundation for additional initiatives and continued collaboration between the two organisations in the years ahead.